

## Art4Healing Workshop: Bereavement 4-Week Series



For adults experiencing the loss of a loved one. This 2-hour weekly workshop teaches participants how to express their journey of loss by celebrating the life of their loved one through acrylic paints on canvas, collage, and journaling using the Art4Healing Method. No previous art experience necessary.

Facilitated By: Art & Creativity for Healing Facilitators.  
(Partnering with Southern California Hospice Foundation)

### 2020 Workshop Information

#### 4-Week Session

April 22, 29, May 6, 13

June 3, 10, 17, & 24

August 5, 12, 19, & 26

Nov 4, 11, 18, & 25

\*Limit 10 participants per workshop\*

Time: 6:00-8:00 PM

Workshops are held at:  
Art & Creativity for Healing Studio  
(Laguna Hills, CA)

Register online at [www.art4healing.org](http://www.art4healing.org) or call our  
office at (949) 367-1902